

Actiphyte[®] of Lady's Mantle



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CTFA/INCI NAME: Alchemilla Vulgaris Extract

LATIN NAME: *Alchemilla vulgaris*

CAS NUMBER: 84695-94-3 EINECS NUMBER: 283-614-3

PART USED: Leaves

OTHER COMMON NAMES: Rattlesnake Root, Lion's Foot, Bear's Foot, And Nine Hooks

HISTORIC USES:

In the middle ages, lady's mantle was considered sacred to various Earth goddesses, and later became the herb of the Virgin Mary. The herb's styptic, tissue-contracting and astringent properties made it useful for treating wounds and to stop bleeding. It was commonly called rattlesnake root because it was used as an antidote for poisonous snakebites. It was also used to induce sleep, to cure excessive menstruation, and to cause the breasts to become smaller and firmer. As a tonic, it has been taken to improve the appetite and strengthen the heart and blood vessels. The freshly pressed juice is said to be helpful for acne and to fade freckles.

SUGGESTED COSMETIC USES:

Extract of lady's mantle can be used in creams, lotions, gels, herbal wraps, bath preparations, and in skin-firming products.

USAGE LEVEL: Recommended 5 - 10% in skin and hair care products

SPECIFICATIONS	Appearance:	Light to medium amber liquid
	pH:	4.0 - 6.5 at 25° C
	Odor:	Characteristic
	Solubility:	Soluble in any proportion in water
	Specific Gravity:	1.02 - 1.05 at 25° C
	Refractive Index:	1.3860 - 1.3950 at 25° C
	Microbial Plate Count:	Less than 100 organisms per gram

EXTERNAL USE ONLY - NOT FOR DRUG USE
2002

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